PRISE BEHAVIORAL INTERVENTIONS AND SUPPORTS





WELCOME TO THE NEW AGE OF PBIS

Center for Community Engagement
Office of Behavioral Research & Evaluation
PBIS Resource Center



Anne

Becky

Christy

David





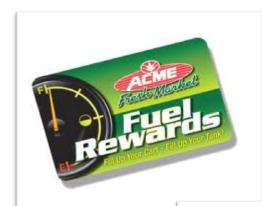


Do YOU like getting incentives or rewards?

What are some ways we (adults) get acknowledged or rewarded?





















PEKFORMANCE

PRINCIPAL'S SURVEY QUESTIONS:

Q: What are the top 2 concerns or needs at your school for which you would like help/assistance from ASU's College of Education?

- Common Core
- Teacher Excellence Support System (TESS)
- Student behavior problems (classroom management, PBIS, etc)

*58 respondents



WHAT ARE CRITICAL NEEDS OF TEACHERS?

instructional skills

classroom management

Source - (2006 Needs Survey Of Pre-k Through 12th Grade Teachers (2334 responses) – report can be found here: /ed/schools/coalition/teacher-needs.aspx)



ESSENTIALS OF CLASSROOM MANAGEMENT

- Emphasize clear student expectations for behavior
- Promote active learning and student involvement
- Identify behaviors that are needed to reach the goals of the learning activities

-Tom Kratochwill, PhD, University of Wisconsin; American Psychological Association, <u>Classroom Management, Teachers Modules</u>



CLASSROOM MANAGEMENT STRATEGIES

It's very important that classroom practices are in place and consistent!

- Classroom expectations/rules clearly defined
- Procedures/routines clearly defined
- Strategies to acknowledge appropriate behavior
- Strategies to respond to inappropriate behavior
- Active supervision
- Multiple opportunities to respond (academic engagement)
- Instruction based on student need









	Classroom Management Practice (self-assessment)		
1.	I have arranged my classroom to minimize crowding and distraction	Yes	No
2.	I have maximized structure and predictability in my classroom (e.g., explicit classroom routines, specific directions, etc.).	Yes	No
3.	I have posted, taught, reviewed, and reinforced 3-5 positively stated expectations (or rules).	Yes	No
4.	I provided more frequent acknowledgement for appropriate behaviors than inappropriate behaviors (See top of page).	Yes	No
5.	I provided each student with multiple opportunities to respond and participate during instruction.	Yes	No

Continued

6.	6. My instruction actively engaged students in observable ways (e.g., writing, verbalizing)		No
7.	I actively supervised my classroom (e.g., moving, scanning) during instruction.	Yes	No
8. I ignored or provided quick, direct, explicit reprimands/redirections in response to inappropriate behavior.			No
9.	I have multiple strategies/systems in place to acknowledge appropriate behavior (e.g., class point systems, praise, etc.).	Yes	No
10. In general, I have provided specific feedback in response to social and academic behavior errors and correct responses.		Yes	No
Overall classroom management score:			
10-8 "yes" = "Super" 7-5 "yes" = "So-So" <5 "yes" = "Improvement Needed"		# Yes	

ı

The **focus** cannot just be on student behaviorit also has to be on **adult behavior**







POSITIVE ADULT BEHAVIORS=POSITIVE STUDENT BEHAVIORS

- Build positive relationships
- > Give students encouragement
- Engage students academically, socially
- Recognize students for positive behaviors





THAT IS...

You need PBIS!







WHAT IS IT IMPORTANT?



PBIS is a *framework* for improving school climate by changing behavior





THIS IS WHAT HAPPENS IN SCHOOLS:

- "You want my attention, Becky? I'll show you attention,...let's take a walk down to the office & have a little chat with the Principal."
- "Anne, you skipped 2 school days, so we're going to suspend you for 2 more."
- "Becky, I'm taking your book away because you obviously aren't ready to learn."



WHAT DO WE USUALLY DO?

We get tougher and harsher....

Xliurt laiteihalsih bioasriiblair heilaib yiearl!!!!









DISADVANTAGES OF GETTING TOUGHER

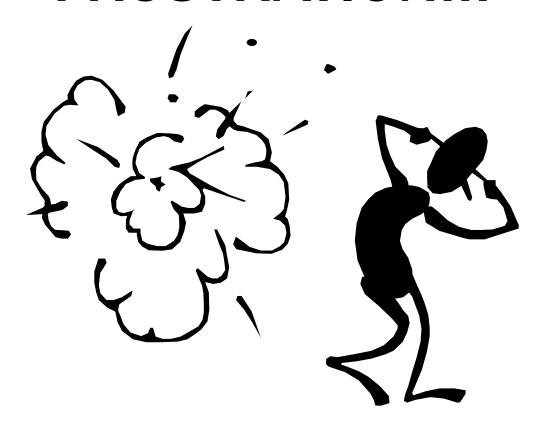
- Fosters environments of control
- Triggers & reinforces antisocial behavior
- Shifts accountability away from school
- Devalues child-adult relationship
- Weakens relationship between academic & social behavior programming



SO WHAT HAPPENS WHEN WE GET TOUGHER??

We get tougher		
It doesn't work.		
We get tougher		
It doesn't work.		
We get tougher		

FRUSTRATION!!!







INSTEAD OF GETTING HARSHER, A BETTER WAY IS TO **PREVENT!!!**

Teach and acknowledge

Start by teaching, monitoring, and rewarding

what's right ... before increasing punishment

for what's wrong.

PREVENT!!! PREVENT!!! PREVENT!!!









THIS IS PBIS!!!

Developing Expectations

Teaching Behavior

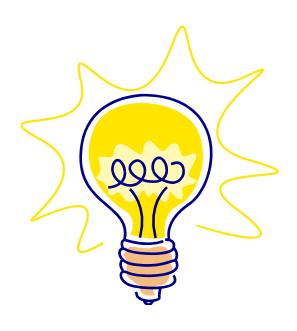
Modeling Behavior

Being Proactive

Providing Predictable Responses

Developing Common, Consistent Practices and Routines

Involving All Teachers/Staff/Administrators/Personnel



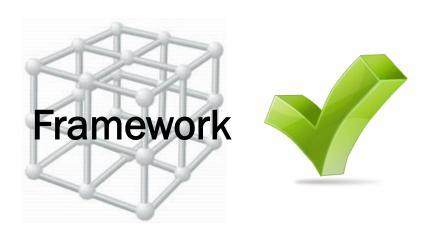


TERMINOLOGY

PBIS = PBS

PBIS = SW-PBS

PBIS = PW-PBS





PBIS VS. OTHER PROGRAMS

Wording in IDEA =

Positive Behavioral Interventions and Supports
OR

Positive Behavior Supports

- Some programs use principles similar to PBIS
 - Curriculum vs. PBIS Framework
 - Costs for materials vs. 'free' PBIS blueprint



PBIS: WHAT ARE THE BENEFITS?

- Better student behavior
- Prevention of problem behavior
- More instructional time
- Better school climate





THE PBIS MODEL Tier 3:Tertiary Interventions & Supports
• Specialized Individualized Systems for Students with High-Risk Behavior Reduce severity of current Tier 2: Secondary Interventions & Supports:

• Specialized Group Systems for cases ~15% Students with At-Risk Behavior Prevent worsening of problem behaviors Tier 1 (Universal)Primary Prevention: School/Classroom-Wide Systems All Students, Staff, & Settings Reduce problem behavior and increase -80% instructional time **ALL Students** Supporting Social Competence & Academic Achievement OUTCOMES Supporting Decision Staff Behavior Making PRACTICES Functional behavior assessment and individual behavior plans Parent collaboration and education Collaboration with student's physician or mental health profes Intensive academic support Supporting Student Behavior TIERTWO

Target social skills instruction
Simple behavior plans
Alternatives to suspension
Increased academic support
School-based mentors
Classroom management suppor
Newcomers club All Teach schoolwide positive behavior expectations at Positive reinforcement for all students Consistent consequences for problem behaviors Effective procedures and supervision in non-classer Effective instruction and classroom management

PBIS IS A 3-TIERED MODEL

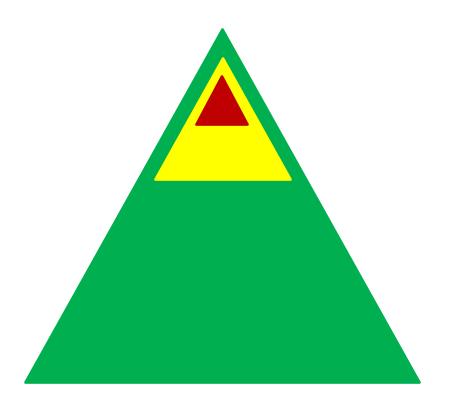
- 1. UNIVERSAL TIER:

 <u>Prevention:</u> For ALL

 students, ALL staff, in ALL

 settings (100% of

 students)
- 2. SECONDARY TIER: For SOME students small group interventions (5-15% of students)
- 3. TERTIARY TIER: For <u>FEW</u> students individualized interventions (1-5% of students)





PBIS ORGANIZES THE SCHOOL ENVIRONMENT

- How things are done (Systems)
- How staff interact with students (Practices)
- How decisions are made (Data)

...to ensure the sustained use of best practices school-wide.



KEY COMPONENTS OF PBIS

Representative, school-wide team

Clear, well-defined expectations and rules

Consistent enforcement of rules

Consistent reinforcement of appropriate behavior

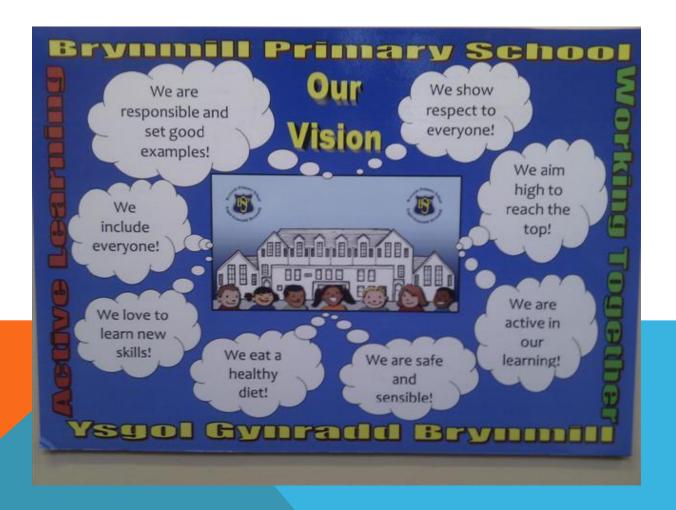
Regular examination of data

Regular evaluation of progress and school



SO WHERE DOES A SCHOOL START?

What is your vision of your school community? What behavior would you like to see regularly?





BEHAVIORAL EXPECTATIONS BEHAVIORAL EXPECTATIONS BY THE PROPERTY OF THE PROPE



CHOOSING YOUR EXPECTATIONS

What do you want from your students?

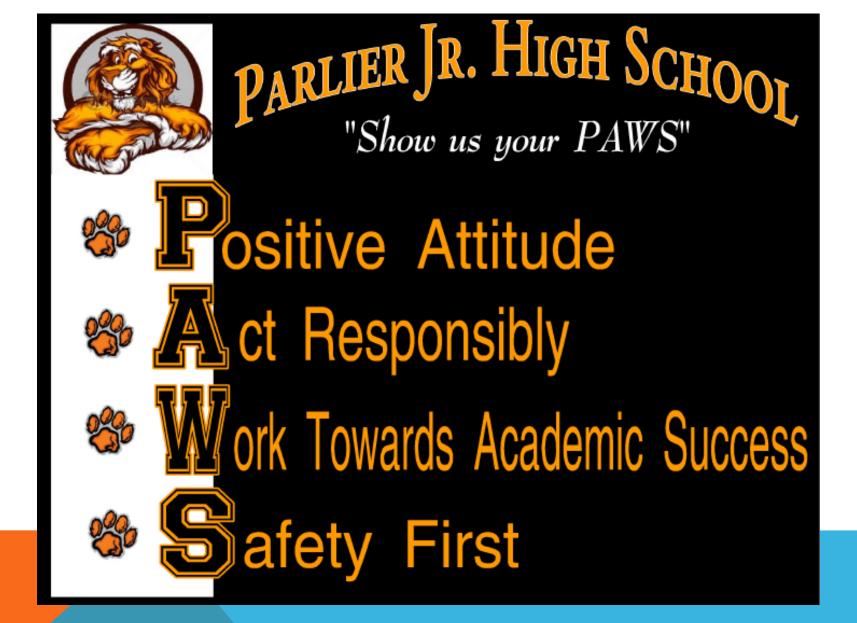
Choose 3-5 expectations



Use data to see what the problems are

For example, if there are a lot of office referrals for harassment, Be Respectful may be a good choice.





MIDDLE SCHOOL EXAMPLE

Bearcats never *L.O.S.E.* when they

Respect *L* earning

Respect *O* thers

Respect S elf

Respect *E* nvironment





ELEMENTARY EXAMPLES

Valley View Elementary







BE RESPECTFUL

BE SAFE

BE RESPONSIBLE



Cecil Picard @ Maurice Elementary, Vermilion Parish, LA



EFINING.

Describe what each expectation 'looks like' in each setting



DEFINING EXPECTATIONS

Develop 'rules' based on school-wide expectations:

- State positively
- Use common and few words
- Show what the behavior "looks like"

Be Respectful on the Playground

- 1. Take turns.
- 2. Use kind words and actions.
- 3. Line up quickly and quietly.



Valley View Elementary Matrix of School Wide Expectations

	valley v	iew Eleli	nentary w		chool who	e Expec	tations	
Be a Blazer!	Classroom & Everywhere	Hallway	Playground	Restrooms	Cafeteria	Bus	Assembly	Arrival & Dismissal
Be Respectful	1-Listen and follow directions. 2-Know the listening position (Keep hands still and eyes on the speaker.)	1- Walk in the traveling position (Hands to the side or behind. Mouth closed.) 2-Walk on the 3 rd block to the right.	1-Take turns. 2-Use kind words and actions. 3-Line up quickly and quietly.	1-Respect others' privacy. 2-Knock before entering. 3-Use quiet voices.	1-Use inside voices. 2-Smile & Wave 3-Listen and respond politely to adult directions. 4-Eat your own food.	1-Listen to the driver. 2-Talk in a quiet voice to your neighbor.	1-Listen and sit quietly. 2-Use appropriate applause. 3-Use audience manners. 4-Sit with back to back, bottom to bottom, and feet on the floor.	1-Walk. 2-Listen and follow directions.
Be Safe	1-Raise your hand. 2-Use materials and equipment the correct way.	1-Walk safely in the traveling position 2-Have an adult open outside doors when necessary.	1-Listen to and follow directions from adult on duty. 2-Keep your hands, feet, and objects to yourself. 3-Watch out for others.	1-Keep water in the sink. 2- Wash hands with soap. 3- Throw away all trash.	1-Walk. 2-Sit on your bottom facing your tray. 3-Eat first, talk last.	1-Sit in seat with back to back and bottom to bottom. 2-Walk while loading or unloading bus.	1-Enter and exit quietly. 2-Walk safely in the traveling position.	1-Stay on the sidewalk at all times. 2-Go to assigned area. 3-Wait to be dismissed.
Be Responsible	1-Be prepared for class. 2-Show your best effort. 3-Be honest. 4- Be a good friend.	1-Stay together as a class. 2-Give others room to walk. 3-Keep hands and feet to yourself.	1-Use equipment properly. 2-Dress appropriately for the weather. 3-Ask permission before leaving the playground.	1-Be quick and quiet. 2-Use bathroom at appropriate times. 3-Flush toilet. 4- Keep area clean. 5-Report any problems to an	1-Clean your eating area before leaving. 2- Raise your hand for help. 3-Get all things your first time through the line.	1-Be ready to load and unload. 2-Stay seated until the bus stops.	1-Sit in your assigned area and be attentive. 2-Follow adult directions. 3-Participate and enjoy the assembly.	1-Be on time.

adult.

BROOKLAND MIDDLE SCHOOL BEHAVIOR MATRIX

Expectations	Arrival/ Dismissal	Hallways	Bathroom	Recess	Assemblies	Bus	Classroom	Cafeteria	Activity Classes
Respect Learning	*Use kind words *Obey all adults	*Use quiet voices	*Be quick	*Listen for whistle *Ask permission to go back inside the building for any reason	*Listen to speaker	*Obey the bus driver *Obey the bus rules	*Listen to your teacher *Do neat work *Follow directions respectfully *Be prepared	*Practice good table manners	*Be on time *Have supplies *Follow all directions
Respect Others	*Keep hands and feet to self *Use appropriate voice level	*Keep hands and feet to self	*Flush *Respect privacy *Be quiet	*Play fair *Share *Include others *Play safe	*Use your own space *Keep hands and feet to self	*Keep hands and feet to self *Use a quiet voice	*Raise hand *Use appropriate voice level *Be ready	*Use appropriate voice level *Sit in one spot *Practice good table manners	*Follow teacher rules for each class
Respect Self	*Sit in one spot *Go where you belong	*Walk in traveling position *Walk on the right side of the hall	*Wash and dry hands	*Walk to the playground *Dress for the weather	*Walk in traveling position to and from assembly	*Sit in your assigned seat *Look forward during the bus ride	*Walk *Be honest *Keep your hands and feet to self *Try your best	*Stay seated until dismissed *Hold tray with both hands	*Follow teacher rules for each class
Respect Environment	*Pick up all personal belongings	*Keep hands and feet to self	*Keep bathroom clean	*Use playground equipment properly *What's on the ground stays on the ground	*Keep area around you clean	*Keep all trash from falling on floor	*Keep 4 on the floor *Put trash in the trash can	*Put trash in trash can	*Keep area around you clean *Put trash in trash can



Ms. Beaudette's Classroom Expectations

	Be Safe	Be Respectful	Be Responsible
Room Transitions	Walk in the classroom Keep your body in your space	Use quiet voices Use kind words	Be where you need to be working
Teacher Led Instruction	Keep your body in your space	Listen to the teacher and others	Follow directions
Cooperative Work	Keep your body in your space	Listen to others Be open to other's answers and opinions	 Follow directions Be on task Everyone participates Leave the area clean and orderly
Independent Work	Keep your body in your space	Use quiet voices if you need to talk about your assigned work.	 Be on task Complete assigned work to the best of your ability Leave the area clean and orderly
Class Discussion	Keep your body in your space	Listen to others Raise your hand and wait for permission to speak.	Stay on topic
Lining-up for Transitions	Keep your body in your space	Silent Voices Listen	Face forward Follow directions
Locker Area	Keep your body in your space Walk	Use quiet/silent voices Respect others' belongings	Leave your area clean and orderly



Art Classroom Expectations

I shine like a Hoover Star because... I am a caring, courageous, honest, respectful, and responsible citizen.

	Carpet Time/Instructional Time	Table /Work Time Expectations	Clean Up Expectations	Line Up Expectations
Respect	Voice at a "O" level for attendance and instructions.	Do your personal best on all of your art work.	Start clean up right away when clean up is called.	In line, a "0" voice level is the expectation.
Responsibility	Raise your hand and wait to be called on if you have a question or comment.	Work hard during the entire work session.	Carefully clean up all of the supplies you used.	Be ready for the hall, eyes forward, hands to your side.
Caring	Hands and feet to self, sitting criss-cross.	Share supplies with others at your table.	Help a friend out if you are cleaned up early.	Be kind and considerate to others around you in line.
Honesty	Be complimentary and honest with yourself and others.	Stay on task without being reminded.	Do your share of the clean up for your table.	Walk to the line, also give others personal space in line.
Courage	Be an active and positive participant in our discussions.	Do the right thing.	Put all supplies back in the proper place.	Walk all the way back to your classroom quietly- set an example for others.

CHING BEILICE

The word discipline means to impart knowledge and skill – to teach.



WHY SHOULD YOU TEACH BEHAVIOR?

How do you WANT children to behave in your classroom?

Don't you want children to treat things and people with respect?

Don't you want children to be safe on the playground?

Don't you want children to flush? Or wash their hands??

????

DON'T STUDENTS ALREADY KNOW HOW TO BEHAVE?

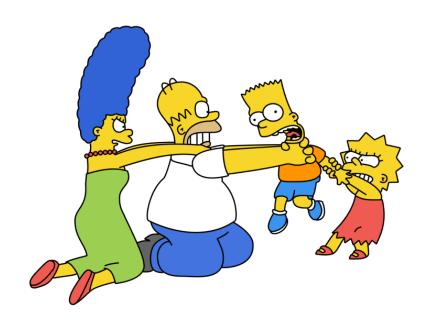
Every child shows up at school with a different story.

Discipline is different in each family!

- Harsh
- Lax
- Inconsistent
- Culturally driven

Other considerations:

- Lack of parent supervision
- Splitting time between households
- Living with grandparents, foster parents, etc.



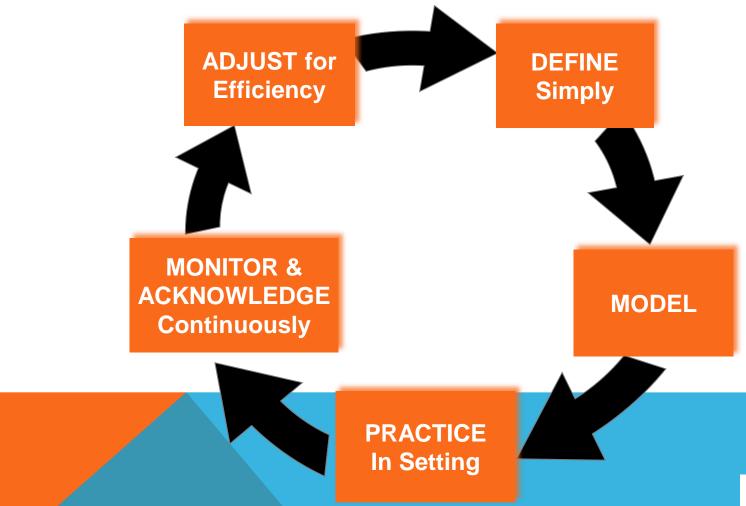








TEACH BEHAVIOR LIKE YOU TEACH ACADEMICS





EXAMPLE: TEACHING SOCIAL BEHAVIORS





"If someone won't stop teasing your friend, you should look cool and walk away with your friend."



"Great answers. Now, what if you were stuck on the bus? Or how about in the classroom?"



"What are 2 different ways to 'look cool' with your friends?"

"Let's watch this episode of 'Jessie'. When it's over, tell me how a friend was helped when teased."





BEHAVIOR LESSONS

- Align to school-wide (or classroom) expectations
- Adults demonstrate skill
 - Can demonstrate both inappropriate and appropriate behavior
- Students role play or practice skill
- Adults provide feedback
- Acknowledge appropriate behavior



Elementary School Behavior Lesson Plan Example

Area: CAFETERIA

Wedgewood Elementary School Florissant, MO

I Am Respectful

Teaching Examples

Example: Sam really wants to get chicken nuggets. He knows he ordered a sub so he takes that.

Non Example: Judy continues to talk when the teacher has asked for her attention.

Example: When the principal asks for the students to lower their voices, Mrs. B's class does so right away.

Kid Activity

- 1. Role-play standing in line, moving to tables and table manners.
- 2. Review table basics.
- 3. Practice saying polite words to the cafeteria workers.

After the Lesson (During the Day)

- Compare / contrast eating and table manners at home vs school vs restaurant.
- 2. Refer to body basics as important ways to show respect.
- 3. Practice handling difficult situations.

A VIDEO EXAMPLE

Victory School – Milwaukee Public Schools
http://www.youtube.com/watch?v=HO-M_QpiG5o
(3:18 – 3:54)



School-wide expectations:

Be Responsible
Be Respectful
Be Safe

Be There, Be Ready



ACKNOWLEDGE Appropriate ben

Catch students 'being good'





REINFORCE THE GOOD!

Why acknowledge desired behavior?

What happens over the long term with reinforced behavior?

Change from continuous (all the time) to partial or intermittent (some of the time) reinforcement



BENEFITS OF ACKNOWLEDGEMENTS

- Encourage others positive peer pressure
- Compete with problem behaviors
- May be the only bright spot in student's day!!





















HOW TO GIVE AN ACKNOWLEDGEMENT

What to do:

Step 1: Acknowledge specific behavior

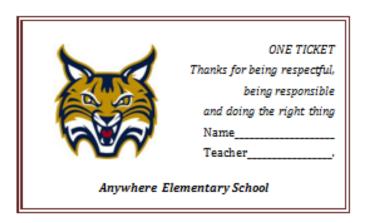
Step 2: Tie back to school-wide expectations

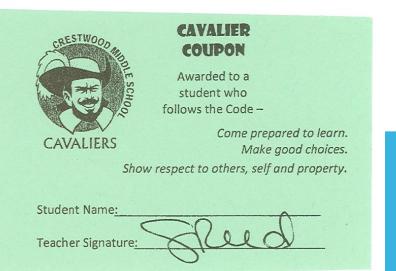
Example: Nice job sitting in your seat when the

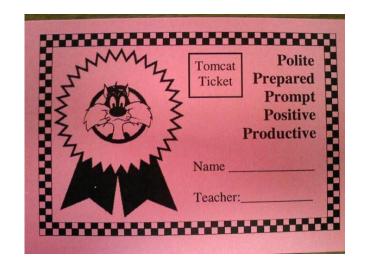
bell rang. Way to be there, be ready.



EXAMPLES OF 'GOTCHAS'







schol	HOOT AWARD You were caught being W.I.S.E
Nam	e:
_	We are RESPECTFUL!
_	I CAREL
_	SAFETY Matters!
_	Everyone is RESPONSIBLE!
WISE	behavior:



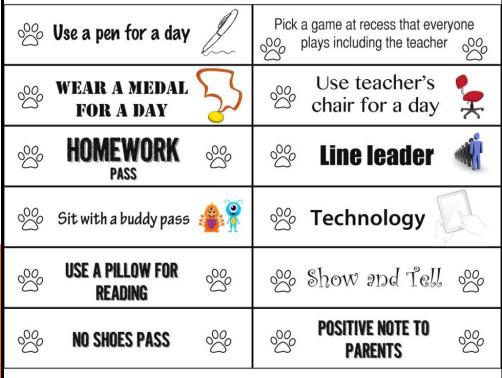
Oxendine Elementary PBIS Rewards



IDEAS FOR INCENTIVES



MORE CHOICES



SHOE PASS COMPUTER PASS This coupon entitles you to This coupon entitles you to take your shoes off for one one free computer time class period. DURING LUNCH ELECTRONIC PASS PEN PASS This coupon entitles you to This coupon entitles you to use electronics in one class use pen on one period Headphones required. assignment without penalty.



CLASSROOM REINFORCEMENTS

Individual rewards



Group rewards



• BASED ON EXPECTATIONS!





OTHER SCHOOL INCENTIVES

CELEBRATIONS

Why celebrate?

- Feel sense of accomplishment
- Increase sense of community





Types of School-wide Celebrations

- Short-term goals (monthly, quarterly)
- Long-term goals
 - Example
 - If there are 25% less office referrals than last year, whole school gets special assembly.
- Grade level challenges



LOCAL CELEBRATION EXAMPLES



Nettleton Middle School – pre-Benchmark celebration



Nettleton Jr. High – pre-Benchmark assembly



Nettleton Intermediate Center
– sock hop; prepare for
Benchmarks



CLASSROOM CELEBRATIONS IDEAS

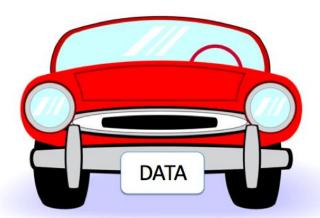
- Special shirt day
- Board games in class
- Free time for drawing
- Change seats for a day
- Art/craft/origami time
- Comic book/magazine reading
- Music in classroom
- Pajama Day

- Special guest reads to class/teaches a short lesson
- Lunch with special guest
- Have class out of doors
- Computer time
- Bring a stuffed animal day (must be able to fit in book bag)





DATA-BASED DECISION WANTED DECISION DECISION DECISION WANTED DECISION DECISION







WHAT ARE DATA?

What are data?

Pieces of information

Intimidating?

- No reason ②
- Sometimes numbers, sometimes not









SOME SCHOOL DATA SOURCES

- Office Discipline Referrals (ODRs)
 - Current
 - Over Time
- Attendance
- School profile population statistics
- In-School and Out-of-School Suspensions
- Staff Surveys, Teacher Reports



What else??







WHY SHOULD YOU USE DATA?

- Tell you what's happening behaviorally schoolwide (or in the classroom)
- Set baseline
- Identify need
- Tell you what you need to do
- Tell you if what you're doing is working









WHAT DATA DO YOU NEED?

- What problem behavior?
- How often?
- Where?
- When?
- Who?
- Why sustaining?





Problem Solving Method

Defining the Problem:

"Is there a problem?"
"What is it?"
"How significant?"

Evaluating Progress:

"Did the plan work?"
"What needs to
happen next?"



Analyzing the Problem: "Why is it

happening?"

Implementing the Plan with Fidelity:

"Are you doing what you said you would do? How do you know?"

<u>Determining</u> <u>What to Do:</u>

What shall we do about it?"

DETERMINE WHAT TO DO

- Do you need to gather more information?
- Can you change environment or routines?
- What kind of intervention can you design?
 - Behavior lesson plans
 - Incentive plan
 - Collect data and see how it's working





Intervention planning for individual students

Source - www.pbis.org



Problem Behavior

Explain-

What is the problem?

Reason-

 What is he/she getting out of it or getting away from?

Appropriate-

 What do you want him/her to do instead?

Support-

How can you help?

Evaluate-

How will you know if it works?

THE PBISTER IN PLEMENTATION PROCESS



TEAM DRIVEN

- Providing leadership
- Long-term sustainability as people come and go
- Problem-solving process need diverse expertise and input
- Avoid putting burden on 1 person





THE PBIS TEAM

Representative of the school

- Administrator
- Representative group of teachers
- Person with behavioral expertise
- Support staff
- Family member





WHAT YOU CAN TAKE WITH YOU TO YOUR SCHOOL IN THE WITH YOU CAN TAKE THIS IS WHAT WED TO DAY!





EFFECTIVE CLASSROOM MANAGEMENT

- Develop expectations
- Define expectations
- > Teach expectations
- Model expectations
- Reinforce expectations
- Monitor expectations



WHAT DO YOU NEED TO DO?

- Develop positive relationships
- > Encourage students
- Engage students academically, socially
- > Use positive reinforcement



DATA DATA DATA!!!!!

- See what's happening
- Identify need
- Decide what actions to take
- See if your plan is working



EFFECTIVE TEACHERS

'Effective teachers understand and are able to apply strategies to help students increase achievement. ... They know how to develop a positive climate in the classroom in order to make it a stimulating learning environment.'

-National Council for Accreditation of Teacher Education (NCATE), <u>What Makes a</u> Teacher Effective?



MAIN MESSAGE

Successful schools are linked to positive student behavior in a positive school environment.



PBIS VIDEO: CREATING THE CULTURE

The full video can be found at

http://www.pbis.org/swpbs_videos/pbs_video-creating_the_culture.aspx



SOME VIDEO LESSON PLAN EXAMPLES (CLIPS)

You can find lots of great full length videos at

http://vimeo.com/groups/pbisvideos/



ACKNOWLEDGEMENTS

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OSEP Technical Assistance Center on Positive Behavioral Interventions and Supports.

Accessed at http://pbis.org/schoolwide.htm



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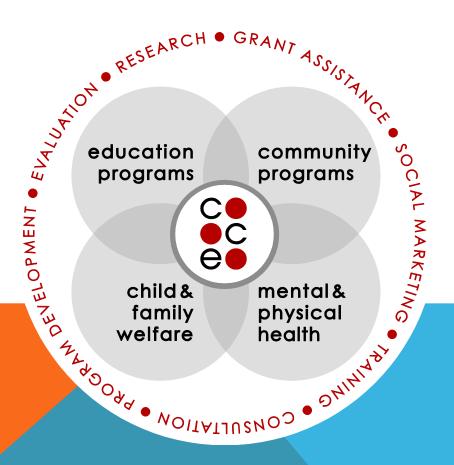
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