#### **SEAS Arkansas**

Supporting RTI Using Positive Behavioral Interventions and Supports

July 28, 2016







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#### Sources for information and materials

- PBIS.org
- Midwestpbis.org
- Pbismissouri.org
- Wisconsinpbisnetwork.org
- Pbismaryland.org

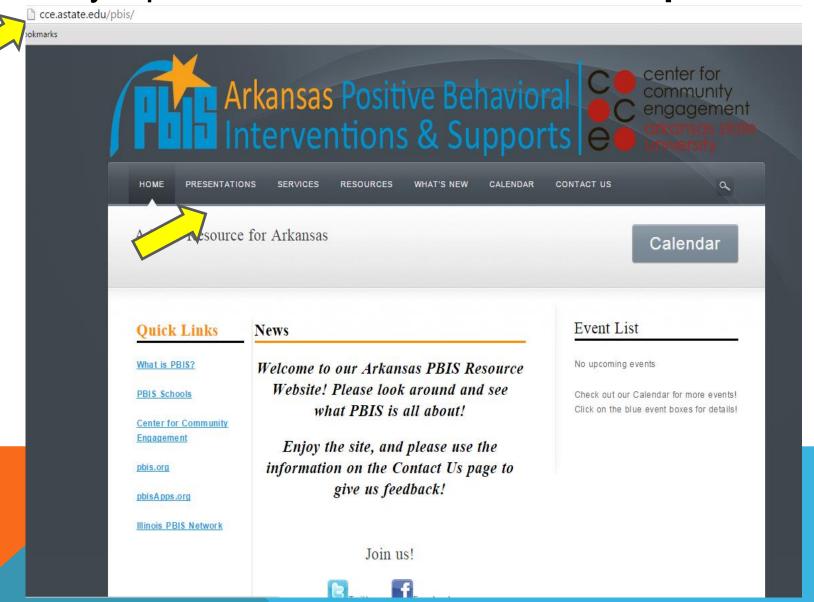
#### **References**

Research literature on Discipline & PBIS

- https://www.pbis.org/research
- http://www.nhcebis.seresc.net/research\_and\_literature



#### Today's presentation: cce.astate.edu/pbis/



#### Objective for today's presentation

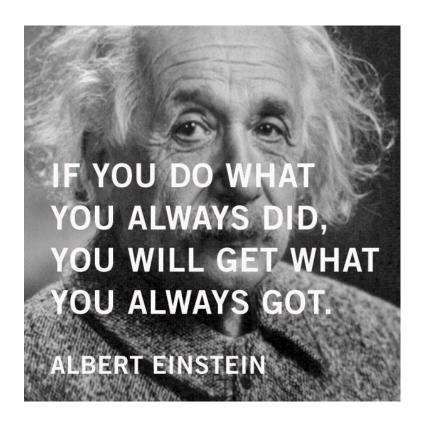
#### To address the following questions:

- Why care about RTI and school climate?
- Why implement PBIS?
- What does PBIS involve?
- How does a school implement PBIS?



WHY IMPLEMENT PRIS?

#### THINKING ABOUT SOLUTIONS





#### START HERE: Principal's survey questions

Q: What are the top 2 concerns or needs at your school for which you would like help/assistance from ASU's College of Education?

- 1. Common Core
- 2. Teacher Excellence Support System (TESS)

\*58 respondents



#### But what was #3?



#### **TESS**

A Framework for Teaching: Components of Professional Practice

#### **Domain 2: The Classroom Environment**

- a) Creating an Environment of Respect and Rapport
- b) Establishing a Culture for Learning
- c) Managing Classroom Procedures
- d) Managing Student Behavior
- e) Organizing Physical Space



## What do current and emerging professionals think?

## "I am confident in my classroom management skills"

- 52 Paraprofessional Teachers (February 2015)
  - Mean = 3.9; 27% do not agree
- 87 Pre-Service Teachers (July 2015)
  - Mean = 4.2; only 11% do not agree



## The reality: The impact of behavior issues in schools

- >30% of school staff will leave the profession due to student discipline issues and intolerable behavior of students (Public Agenda, 2004).
- Student's problem behaviors can consume > **50**% of school staff and administrators' time (U.S. Department of Education, 2000).

Confident or not.....

## ...all schools and classrooms have behavioral challenges



We asked students in 2 Arkansas *Middle Schools* in September 2015:

"What do you think is the biggest behavioral issue at your school?"



We asked students in 2 Arkansas *High Schools* in September 2015:

"What do you think is the biggest behavioral issue at your school?"



How do you begin to *change* student behavior in your school?

Build a framework to manage student behavior focused on *prevention*.



## PBIS is a <u>framework</u> for improving school climate by changing behavior





#### **HOW WOULD YOU REACT TO A CHILD LIKE THIS**

Name: Brooke Smith Date: June 20, 2014

#### Math Review

1. What is the mode of 9 2 8 9 2 8 9 9?

8

2. What is 47.6 rounded to the nearest number?

47 48

3. Tim stacked 54 books into 9 even piles. How many books did Tim put into each pile?

9

4. Evaluate.

 $3^2 = 6$  9  $5^3 = 15$  125  $4^7 = 28$  16,384

5. Solve for x.

7x-4x=12 3.5 4

5. Solve.

9.12

22.2

23.4

2 4.4 48.84 14.1

- <u>17.3</u> *6.1* 

"If a child doesn't know how to read, we teach."

"If a child doesn't know how to swim, we teach."

"If a child doesn't know how to multiply, we teach."

"If a child doesn't know how to drive, we teach."

"If a child doesn't know how to behave, we... ...teach? ...punish?"

"Why can't we finish the last sentence as automatically as we do the others?"



#### PBIS is a different philosophy

PBIS = <u>proactive and positive approach to</u> <u>discipline</u>

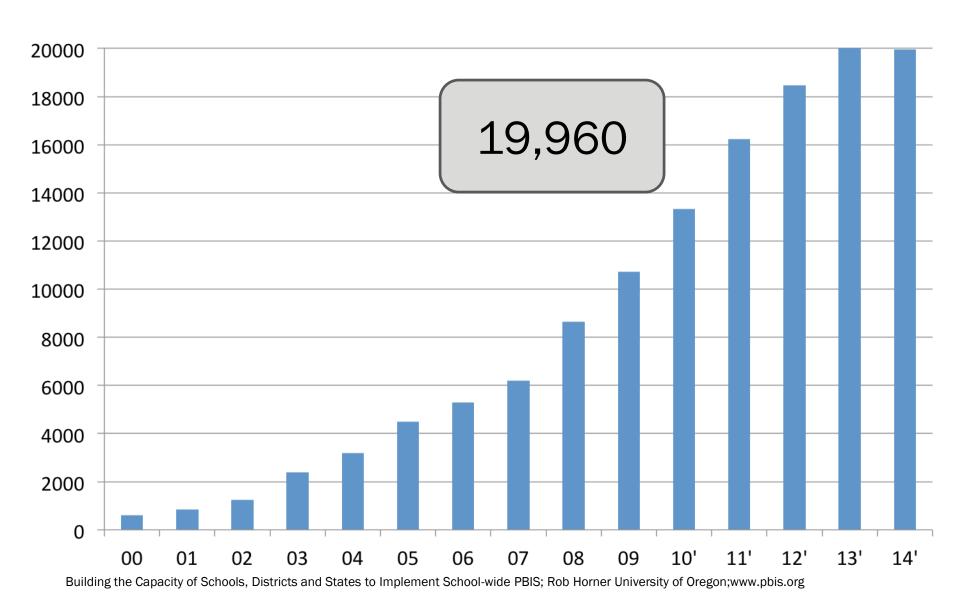
PBIS ≠ punitive discipline

PBIS = teaching, modeling, and encouraging positive student behavior

PBIS ≠ waiting for students to make a mistake



#### Number of Schools Implementing SWPBIS by January, 2014



## Why build a prevention framework for behavior?

- Sanity ©
- More time spent on positive interactions with students
- Predictability:
  - Common, consistent practices and routines
  - Common language
- More instructional time
- More administrative time



#### HOW EFFECTIVE IS TAKING STUDENTS OUT OF CLASS?



"The Principal suspended me — School is the only place in the world where you can get time off for bad behavior."

#### Teacher & Instructional Time LOST

#### **Teacher Managed Referrals - MINORS**

School name Any School

Number of referrals for last year

720

Number of referrals for this year

Average # of minutes teacher spends per referral

10

Average # of minutes of instructional minutes lost per referral

15

#### Time LOST

	Teachers	Instructional Time
Minutes	7200	10800
Hours	120	180
Days	17	26

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Courtesy www.pbismaryland.org

#### Time LOST for Students & Administrators

#### Office Managed Referrals - MAJORS

School name

Any School

Number of referrals for last year

720

Number of referrals for this year

Average # of minutes student is out of class due to referral

Average # of minutes

administrator needs to process referral

20

30

#### Time LOST

	Student	Administrator
Minutes	21600	14400
Hours	360	240
Days	51	34

\_

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Courtesy www.pbismaryland.org

#### TIME REGAINED by reducing referrals by half

Enter info below

School name

**Any School** 

720

360

30

Number of referrals for last year

Number of referrals for this year

Average # of minutes student is out of class due to referral

Average # of minutes administrator needs to process referral

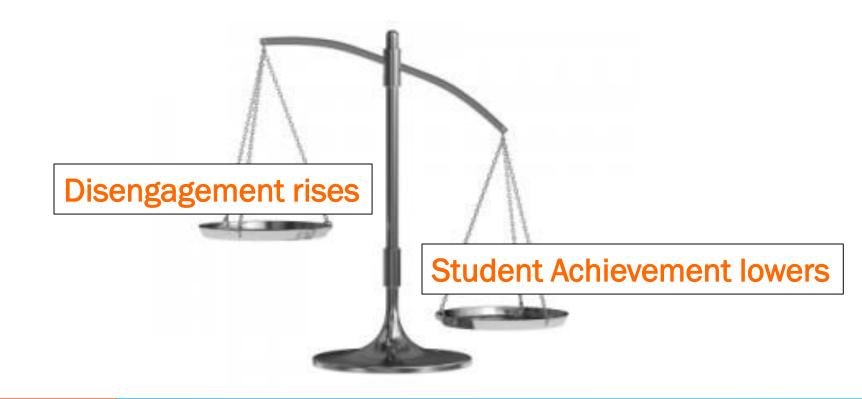
**Time Regained** 

	Student	Administrator
Minutes	10800	7200
Hours	180	120
Days	25	17

20

Courtesy www.pbismaryland.org

### HOW DOES LOST TIME AFFECT THE CLIMATE FOR STAFF? STUDENTS?





#### WHAT IS SCHOOL CLIMATE?

Some elements of climate include...

"Norms, values and expectations that support people feeling socially, emotionally and physically safe.

People are engaged and respected.

Students, families and educators work together to develop, live and contribute to a <u>shared school vision</u>." (emphasis added)

#### **DISCUSSION**



## Why is positive school climate important?

#### **IMPACT OF SCHOOL CLIMATE**

- + Psychological well being
- Student absenteeism
- Student suspension
- + Motivation to learn
- Aggression
- Peer Victimization
- + School achievement

#### **DISCUSSION**



## How can you improve school climate?



#### If you want to see a change in climate...

The **focus** cannot just be on student behavior, it also has to be on **adult behavior** 





#### **HOW CAN YOU HELP?**

Support staff and students by putting academic & behavior systems in place.





#### RTI Framework: Behavior and academic supports

(adapted from Horner, undated, pbis.org)

ACADEMIC → BEHAVIOR

Effective Instruction engages students, and is central to reduction in problem behavior

BEHAVIOR → ACADEMIC

Effective Classroom

Management improves
student engagement and
is central to increased
academic success.

(Based on Lee, Sugai & Horner (1999), Allday & Pakurar, 2007; McIntosh, Horner, Chard & Braun, (2008), Preiado, Horner, & Baker (2009), Sanford & Horner (2013), undated, PBIS.org)

## RTIArkansas

#### Tier III

Core Instruction + INTENSIVE INTERVENTION

Intensive Intervention (1-5%)

#### Tier II

Core Instruction +
SUPPLEMENTAL INTERVENTION

Targeted Intervention in addition to core instruction for at risk students (10-15%)

Multi-

**Tiered** 

Systems of

Support

#### **Tier I**Core Instruction

Core Classroom Instruction
that is evidence based and differentiated
for all students



# WHAT DOES PRIS INVOLVE?



# The PBIS framework starts with establishing a consistent school-wide plan.



# **Key components of PBIS**

- 1. Clear behavioral expectations and rules
- 2. Consistent teaching & enforcement of rules
- 3. Consistent reinforcement of appropriate behavior
- 4. Regular examination of data
- 5. Regular evaluation of progress and school



# Component #1: BEHAVIORAL EXPECTATIONS



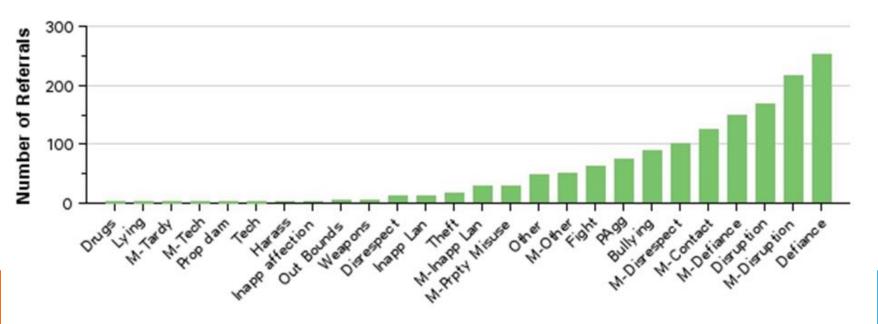
# Use data to decide what behavior you want to see

example: office discipline referrals

### Referrals by Problem Behavior

All, Aug 1, 2013 - Jul 17, 2014





Problem Behavior





What are the expected behaviors at Brookland Middle School?

"Bearcats never L.O.S.E.
when they respect

Learning, Others,

Self, and Environment."

What happens when you start every sentence with ...

"Don't"?



### **EXAMPLE: LEARNING TO PLAY LACROSSE**

- 1. Don't have 12 players on the field.
- 2. Never have less than 4 defensive players at the bottom half of the field.
- 3. <u>Don't</u> carry the ball in your hands.
- 4. Never have more than 3 midfielders.
- 5. <u>Don't</u> have defensive and offensive players on the same side of the field.



Now....GO PLAY!!! ©





BUS

· Inside voices

to yourself.

· Share seating

. Follow driver

instructions

. Follow all bus rules

· Hands and feet

CAFETERIA

· Clean up your area

· Inside voices

directions

. Follow

. Wait your burn

Respect Ownership Attitude Responsibility Safety

BATHROOMS

· Inside voices

a stall

mess

Knock on door

· Allow privacy · Wait your turn

Clean up your

. Flush the toilet.

before entering.

PLAYGROUND

Take turns

equipment.

· Listen for the

lineup signal

. Line up promptly

SBCUSD Positive Behavior Support Initiativ

· Share

	CLASSROOM & SPECIALS	HALLWAY & COMMON AREAS
Respect	Raise your hand     Whole body listening	Quiet mouths     Walking feet     Hands and feet     to yourself     Hold doors
Ownership	Participate     Accept     consequences     Do your best work	Accept consequences
Attitude	Use kind words Be helpful Work together Believe in yourself	Silent greeting     Be helpful
Responsibility	Ask permission     Be honest     Make smart choices     Use and return materials     Hold doors	Turn in found items Go to your destination quickly & quietly
Safety	Chair legs on the floor Hands and feet to yourself Walking feet	Walking feet Eyes forward Hands at sides Keep to the right

### **Cafeteria Expectations**

Be Respectful	Be Responsible	Be Safe
Only eat the food on your plate	Wait your turn in line	Leave space between you and others (in line)
Clean up your area: table and floor	All food & drink stay in eating areas	Walk at all times
Listen to all adults	Pick up trash around you – even if left by others	Keep all food off the floor



- ■Be quick.
- Speak quietly.
- Respect privacy of others.
- Use fixtures & supplies appropriately.
- Put only toilet paper in toilet.
- •Flush toilet.
- •Wash & dry hands.
- •Keep restrooms clean.
- Report anything that needs attention to a staff member.

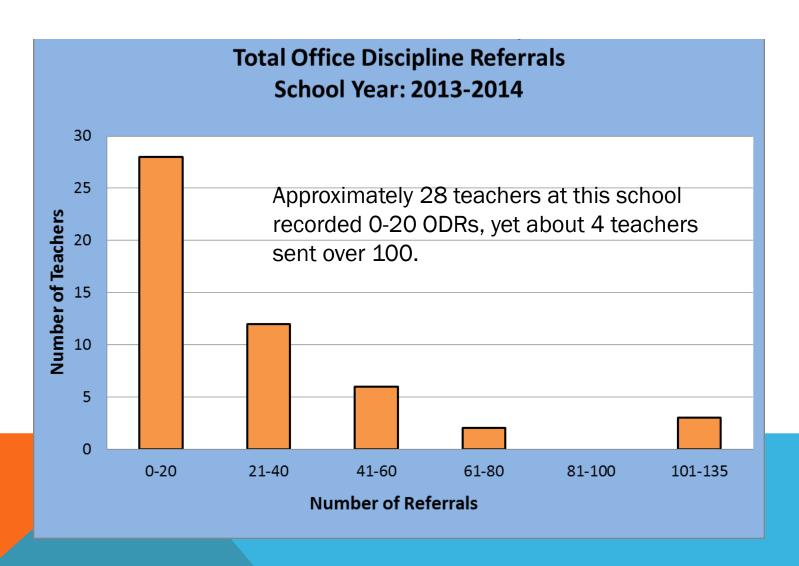
# Component #2: CONSISTENT TEACHING OF BEHAVIOR AND EXPECTATIONS



# What teachers told us they want

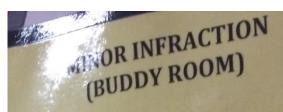
- For their school as a whole group to be consistent
- To have Consistency throughout the building
- To be on the same page through whole building
- To have the same rules for classrooms and activitieseverywhere
- To be on the same page as everyone

# Office discipline referrals "by teacher"



# T-Chart example

Teacher Managed Behaviors	Office Managed Behaviors
<ul> <li>Minors</li> <li>Tardy</li> <li>Inappropriate Language</li> <li>Chewing Gum, Food/Drinks</li> <li>Not Having Materials, Supplies</li> <li>Missing Homework</li> <li>Tattling</li> <li>Teasing/Bullying</li> <li>Lying/Cheating</li> <li>Dress Code Violation</li> <li>Disruption (not chronic)</li> <li>Defiance/Disrespect/Non-Compliance</li> </ul>	<ul> <li>Majors</li> <li>Chronic/Severe Bullying</li> <li>Stealing</li> <li>Vandalism</li> <li>Electronics Violations</li> <li>Illegal Substance</li> <li>Chronic Non-Compliance</li> <li>Possession of Weapons</li> <li>Profanity directed at a person</li> <li>Repeated Minor Disruptions*</li> <li>Fighting/Assault</li> <li>Threat</li> <li>Chronic Wandering/Class-Skipping</li> <li>Gang Related Behaviors</li> <li>Sexual Harassment</li> <li>False AED/Fire Alarm/Bomb Threat</li> <li>* 3 Minors = 1 Major</li> </ul>



- Horseplaying (Does not escalate) Not being prepared for class
- Missing homework/work
- Not following directions
- Accidently bumping into another student
- Inappropriate comments or calling names (not a pattern of behavior for that student)
- Spending too much time in restroom
- · Kicking a table/chair, breaking pencil/crayons
- Borrowing and just forgetting to return
- Being off task on the computer
- · Undocumented, "He's been doing this

2014 Missouri Summer Training Institute Poster Session



# Example: behavior lesson plan for cafeteria

(ELEMENTARY)

### I Am Safe

### **Teaching Examples**

Example: Darius uses two hands on his tray and looks forward as he moves to his table.

Non Example: Alex forgets his straw. He runs back to the utensil tray, pushes his way in, and grabs a new one.

Example: Judy accidentally knocks over her milk. She raises her hand to get help to clean it up so no one falls.

### **Student Activity**

- 1. Walk your students through the lunch room process before the lunch shift starts.
- 2. Practice washing hands, with soap, to the count of ten, rinse, and dry using one towel.
- 3. Make a poster to hang in the cafeteria to illustrate a safety skill.

# After the Lesson (During the Day)

- 1. Review safety precautions building-wide.
- 2. Discuss food safety (hygiene, sharing, temperature, etc.)



# **Students** teach "booster" trainings





# Component #3: REINFORCEMENT AND ACKNOWLEDGEMENTS



# Why do we need to acknowledge students for behaving like they should?

- Encourage the behaviors we want to recur
- Positive peer pressure
- May be the only bright spot in student's day!!
- Turn the behavior into a habit!!







Acknowledgement  $\implies$  meeting behavior expectation

No:

"Yo Dude....good job!"

Yes:

"Thank you Jack for picking up that trash! I appreciate how you are **respecting** our cafeteria!"



- •Always tell the student WHY he/she is getting the acknowledgement
- restate the expectation





# Celebrate & reinforce

good behavior!







# Component #4: DATA BASED DECISION MAKING





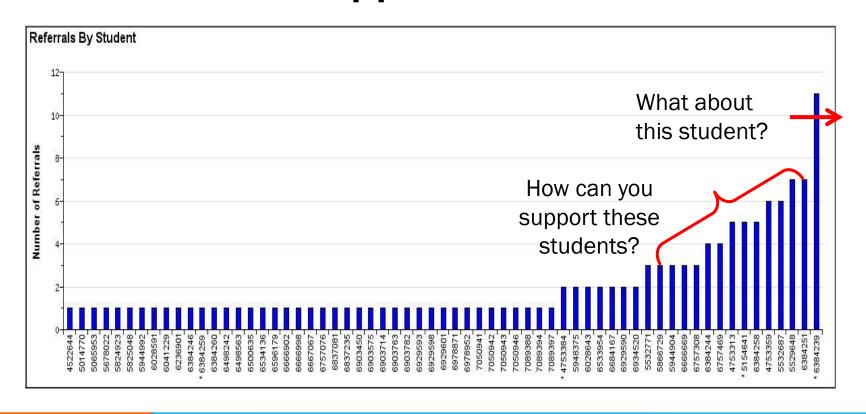
# What type of data do you need for decisions?

# Use data that will tell the story of school-wide behavior

- Demographics
- Attendance
- Grades
- Office Discipline Referrals



# Use data to determine which students need extra supports (example of SWIS data)



Other data you may want to use: Attendance, Grades, Benchmarks, etc.

# Component #5: EVALUATION OF PROGRESS





# **Key to fidelity**

# Regular evaluation of progress and school

- School-Wide efforts
- PBIS Team efforts



# Who is going to do all this?

(unfortunately it's won't magically happen)





# WHO FORMS THE LEADERSHIP



# 1. The PBIS Team



### Create a dream (PBIS) team

What is needed for school-wide implementation:

An Administrator – decision making power

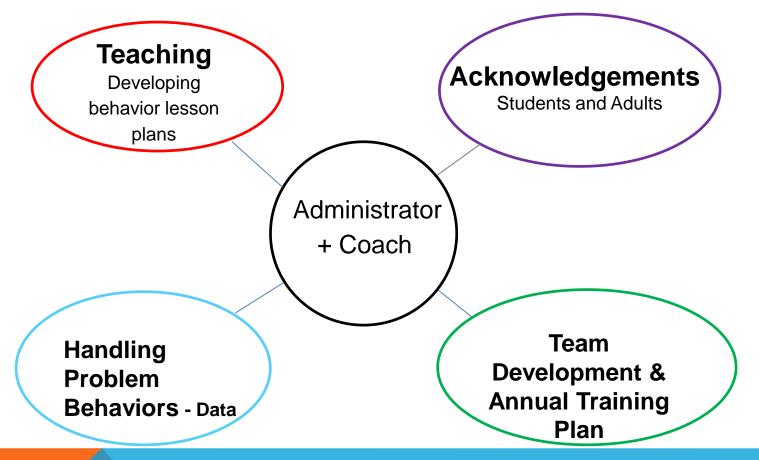
Representative from each grade – voice back to PLCs

Represent demographics of school

Represent various types of staff



### PBIS TEAM ROLES & RESPONSIBILITIES





# Importance of team-driven

- People come and go
  - long-term sustainability
- Problem-solving process
  - need diverse expertise and input
- Avoid 1 person effort





# 2. The District Leadership Team



### WHO SHOULD BE ON THE DISTRICT TEAM?

### Personnel who focus on...

- prevention of problem behavior
- Title or related initiatives
- management & evaluation of resources on behavioral supports
- Administration

### **Examples:**

District/School administration
District PBIS trainers
Teachers
Special Education Staff
School Psychology Specialists or
Counselors
Student Health Staff
Students, parents, family
Character Education trainers
Alternative Programming staff
Data Management staff
Cultural Competency staff

# EXAMPLE: DISTRICT LEADERSHIP TEAM COLUMBIA PUBLIC SCHOOLS, COLUMBIA MO

Director of Student Services

Director of Special Education

**Assistant Superintendent for Curriculum** 

Director of Secondary Education

Director of Elementary Education

**Professional Development Coordinator** 

Building Principals from elementary and secondary schools

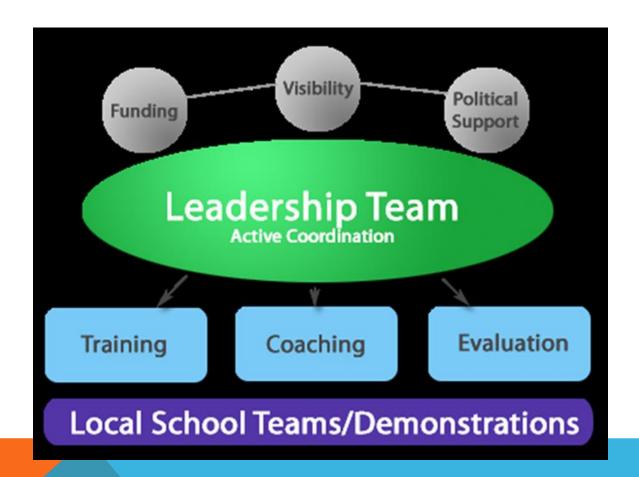
**Classroom teacher** 

School Psychologist Coordinator

**Guidance Counselor** 

**University Researcher** 

#### **DISTRICT LEADERSHIP TEAM MODEL**





### RESPONSIBILITIES OF THE DISTRICT TEAM

- Make student behavior top priority
- Self assessment
- Make and monitor 3-5 year action plan
- Conduct regularly scheduled meetings
- Secure stable funding
- Establish visibility (website, newsletter, etc.)
- Build training capacity
- Develop coaching network
- Evaluate school-wide PBIS efforts



# TIERS 2 AND 3



### Readiness to add Tier II to Universal Tier I

	DATA INDICATORS	IN PLACE	NOT IN PLACE	NOTES
1.	SET score of 80/80 OR	PLACE	PLACE	
2.	BoQ score of 80% or higher			
3.	SAS Schoolwide 80% or higher			
4.	SAS Non-Classroom 80% or higher			
5.	SAS Classroom 80% or higher			
6.	80% or more students in the 0-1 ODR range or within national range for school's grade			
7.	Consistent use of schoolwide data for making decisions as evidenced by monthly Big 5 Data Reports.			
8.	System in place to collect classroom minor referrals.			
9.	Tier 2 team includes administrator, crossover member, behavioral expertise or desire to develop, academic expertise.			
10.	. Effective Classroom Practices taught to all staff and evident in all classrooms.			
11.	. Access to district level support			

## Example of a <u>tier 2</u> intervention: check-in check-out

Name:	<b>SAMPLE</b>	Date:
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Teachers: Please indicate student=s achievement for the following goals... 2 = 1 or less "redirects" necessary

1 = 2 to 3 "redirects" necessary

**0** = 4 or more "redirects" necessary

Expectation	Activ	<b>Activity Class</b>			Mrs. Lewis' class			Mrs. Graham's class			Mrs. McGee's class		
Respect Learning	2	1	0	2	1	0	2	1	0	2	1	0	
Respect Others	2	1	0	2	1	0	2	1	0	2	1	0	
Respect Self	2	1	0	2	1	0	2	1	0	2	1	0	
Respect Environment	2	1	0	2	1	0	2	1	0	2	1	0	
Total Points													
Teacher Initials													
Assignments/Notes (written by student)													

Daily Goal: 26/32(80%) Daily Score: \_\_\_\_\_/ 32 Daily Percentage: \_\_\_\_\_%

(Over)

### **Tier 3: individualized interventions**

- For students exhibiting very <u>high-risk</u> behaviors
- For students with significant histories of **behavioral** and/or academic difficulties
- ➤ Specialized and intensive interventions



# ISSUES AND OUESTIONS



### **COMMON CONCERNS**

- 1. What is the hardest part?
- 2. How much time will it take?
- 3. What about cultural differences?
- 4. What will it cost?
- 5. Can we keep our other programs?
- 6. Is there support for training and coaching?
- 7. What benefits are there for my school?
- 8. Is it guaranteed to work?



### **HOW CAN YOU START?**

- 1. Establish a school-wide leadership or behavior support team to guide and direct the process.
- 2. Secure administrator agreement.
- 3. Secure a commitment and agreement from at least 80% of the staff for active support and participation.
- 4. Conduct a self assessment of the current school-wide discipline system.
- 5. Create an implementation action plan that is based data based decision making.
- 6. Establish a way to collect data.



### **SUMMARY**



- Invest in <u>prevention</u>
- Teach, model, & reinforce expected behaviors
- Use & share data



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### Today's presentation: cce.astate.edu/pbis/

