

A-State PBIS Resource Center News

NOVEMBER 2021



IN THIS ISSUE...

- Upcoming Events
- Invitation to November Networking Session
- What is PBIS Tier II?
- Self-care Ideas
- Resources

 [Upcoming Events](#)

cce.astate.edu

ARKANSAS PBIS COACHES NETWORKING SESSION

WHEN

TUESDAY, NOV. 16TH, 2:30-3:30PM

WHERE

THIS IS AN ONLINE EVENT.

MORE INFORMATION

This is your chance to network with other amazing PBIS schools throughout our state. A-State PBIS Resource Center staff will be on hand to guide the discussion and provide FREE Coaching and Technical Assistance.

Join us this month for an opportunity to chat with fellow PBIS implementers on the topic of Tier II. You don't need to be implementing Tier II! We will just be learning and sharing information.

RSVP below to receive the Zoom link!

WHAT IS PBIS TIER II?

PBIS **Tier II** provides short-term, targeted (group) supports to students who are not responding well to **Tier I**. Students are grouped according to their specific needs or deficits. These are students who engage in frequent, but not serious or dangerous misbehavior.

The PBIS team has these responsibilities at Tier II:

- develop a system to identify students who need extra support
- develop a continuum of interventions to meet the students' needs
- develop data decision rules to determine eligibility and next steps
- use data to progress monitor and make decisions about students

An example of a widely-used Tier II intervention is [Check-in Check-out](#). Students are reminded throughout the day to follow the school-wide expectations, which gives students more one-on-one attention from teachers and other staff. Other Tier II interventions might address social skills or lack of engagement in school.

If you are currently implementing Tier I and want more information on Tier II and how to implement, you might be interested in our Tier II readiness webinar in early January. Click [here](#) for more details. If you're ready for Tier II team training, our contact information is at the bottom of this newsletter!

PODCAST: THE WHO, WHY, & HOW OF TIER 2 DECISION-MAKING



 PBISApps | Expert Instruction P...

www.pbisapps.org

CHECK OUT THESE GREAT IDEAS FOR SELF-CARE AND HAPPINESS IN NOVEMBER!

1. The [Self-Care Calendar](#) gives us some great ideas for daily self-care in November.
2. The [New Ways November Calendar](#) encourages us all to try something new or get involved in an activity.



 Teacher Self-Care Calendar- No...

theeducatorsroom.com

New Ways November 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Make a list of new things you want to do this month	2 Respond to a difficult situation in a different way	3 Get outside and observe the changes in nature around you	4 Sign up to join a new course, activity or online community	5 Change your normal routine today and notice how you feel	6 Try out a new way of being physically active	7 Be creative. Cook, draw, write, paint, make or inspire
8 Plan a new activity or idea you want to try out this week	9 When you feel you can't do something, add the word "yet"	10 Be curious. Learn about a new topic or an inspiring idea	11 Choose a different route and see what you notice on the way	12 Find out something new about someone you care about	13 Do something playful outdoors - walk, run, explore, relax	14 Find a new way to help or support a cause you care about
15 Build on new ideas by thinking "Yes, and what if..."	16 Look at life through someone else's eyes and see their perspective	17 Try a new way to practice self-care and be kind to yourself	18 Connect with someone from a different generation	19 Broaden your perspective; read a different paper, magazine or site	20 Make a meal using a recipe or ingredient you've not tried before	21 Learn a new skill from a friend or share one of yours with them
22 Find a new way to tell someone you appreciate them	23 Set aside a regular time to pursue an activity you love	24 Share with a friend something helpful you learned recently	25 Use one of your strengths in a new or creative way	26 Try out a different radio station or new TV show	27 Join a friend doing their hobby and find out why they love it	28 Discover your artistic side. Design a friendly greeting card
29 Enjoy new music today. Play, sing, dance or listen	30 Look for new reasons to be hopeful, even in tough times					

ACTION FOR HAPPINESS

Happier · Kinder · Together

RESOURCES

[A-State PBIS Resource Center](#)

[Arkansas PBIS Tier I Modules and Facilitator Guides](#)

[Arkansas PBIS Tier II Modules and Facilitator Guides](#)

[National Center on PBIS](#)



CONTACT US!

 Facebook  @AstateCCE

If you are interested in training, coaching, or other support on PBIS, contact us at the email or phone number below.

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