

A-State PBIS Resource Center News

March 2022

In this issue...

Upcoming Events
Summer PD Dates
Invitation to March Networking Session
Feature: Positive Classroom Practices
Women's History Month - Resource for Teachers
Self-Care Calendar
Resources



Upcoming Events

Events for March 2022

 cce.astate.edu

Summer Professional Development Opportunities

- [June 14th](#) and [July 12th](#): Trauma-informed Practices in PBIS (1/2 day); Culturally Responsive Practices in PBIS (1/2 day)
- [June 15th](#) and [July 13th](#): PBIS Team Booster Training (full day)
- [June 16th](#) and [July 14th](#): PBIS in the Classroom (1/2 day); Check-in, Check-out Tier II Intervention (1/2 day)

Event Information

March PBIS Networking Session (via Zoom)

This is your chance to virtually network with other amazing PBIS schools throughout our state. A-State PBIS Resource Center staff will be on hand to guide the discussion and provide FREE Coaching and Technical Assistance.

[Join us this month](#) for an opportunity to chat with fellow Arkansas PBIS implementers. This month our topic is PBIS in the Classroom. We would love to hear about your successes and challenges with implementing consistent PBIS practices in classrooms at your school. RSVP below to receive the Zoom link!

When?

Tue, Mar 15, 2022, 02:30 PM

Positive Classroom Practices [✉](#)

We cannot “make” students learn or behave, but we can create environments that increase instructional time and increase student engagement which will lead to student achievement.

Just like with schoolwide PBIS, start with the **foundations**:

- **Layout:** Create a layout that makes moving around less disruptive and allows you to actively supervise without a lot of unnecessary disruption. If space is tight, create the layout and teach students how to move about in the space.
- **Behavior Expectations:** Define schoolwide expectations (e.g., Be Respectful, Be Responsible, Be Safe) for settings within the classroom (e.g., independent work, group work, entering class), teach them explicitly, and post them to remind everyone.
- **Routines:** Spending time up front teaching routines and then sticking to them will make school days more efficient, with more time for instruction, practice, and feedback. This will be a huge help to students who have attention issues or developmental issues and need more structure.
- **Specific Praise:** Specific praise may be directed toward an individual or group, should be provided soon after behavior occurs, and should be meaningful, understandable, and sincere. Give at least five praise statements for every one corrective statement.
- **Collect and Use Data:** Track student behavior. Use these data to develop strategies to respond to student behavior. These data will also be necessary to help make decisions for students who need support beyond Tier I.

Women's History Month Resource for Teachers



Women's History Month - For Teachers

a larger scale? How does gender inequality intersect with injustices related to race, ethnicity, religion, age, or other markers of identity? What tactics have artists used to confront gender inequality?

☑ womenshistorymonth.gov

March Self-Care Calendar ☑

Mindful March 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Set an intention to live with awareness and kindness	2 Notice three things you find beautiful in the outside world	3 Start today by appreciating your body and that you're alive	4 Notice how you speak to yourself and choose to use kind words	5 Bring to mind people you care about and send love to them	6 Have a 'no plans' day and notice how that feels	
7 Take three calm breaths at regular intervals during your day	8 Eat mindfully. Appreciate the taste, texture and smell of your food	9 Take a full breath in and out before you reply to others	10 Get outside and notice how the weather feels on your face	11 Stay fully present while drinking your cup of tea or coffee	12 Listen deeply to someone and really hear what they are saying	13 Pause to watch the sky or clouds for a few minutes today
14 Find ways to enjoy any chores or tasks that you do	15 Stop. Breathe. Notice. Repeat regularly	16 Get really absorbed with an interesting or creative activity	17 Look around and spot three things you find unusual or pleasant	18 If you find yourself rushing, make an effort to slow down	19 Appreciate nature around you, wherever you are	20 Focus on what makes you and others happy today dayofhappiness.net
21 Listen to a piece of music without doing anything else	22 Notice something that is going well, even if today feels difficult	23 Tune into your feelings, without judging or trying to change them	24 Appreciate your hands and all the things they enable you to do	25 Focus your attention on the good things you take for granted	26 Choose to spend less time looking at screens today	27 Cultivate a feeling of loving-kindness towards others today
28 Notice when you're tired and take a break as soon as possible	29 Choose a different route today and see what you notice	30 Mentally scan your body and notice what it is feeling	31 Discover the joy in the simple things of life			

ACTION FOR HAPPINESS Happier · Kinder · Together

Resources

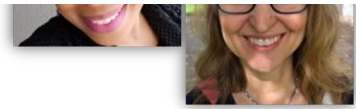
- [Supporting and Responding to Students' Social, Emotional, and Behavioral Needs: Evidence-Based Practices for Educators](#)
- [A-State PBIS Resource Center](#)
- [National Center on PBIS](#)
- [Random Acts of Kindness: 2022 Calendars](#)

Contact us!

If you are interested in hearing more about PBIS or are ready for Tier I or Tier II team training, use the information below to contact us.



Phone: (870) 972-2287 email: cce@astate.edu
website: cce.astate.edu/pbis



CCE A-State

CCE is a Technical Assistance and Resource Center for PBIS in Arkansas

