

A-STATE PBIS RESOURCE CENTER NEWS

AUGUST 2022



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Upcoming Events

Upcoming Professional Development Opportunities:

September 7, 2022 @ 9:00 am [PBIS Introductions & Readiness – Virtual](#)

October 12, 2022 @ 8:30 am [Focusing on the Classroom Environment at A-State](#)

November 9, 2022 @8:30 am [Effective Classroom Strategies](#)

A-State Calendar of Events 2022-2023

Event Information

September PBIS Networking Session

Join us in September for our first networking session of the 2022-2023 school year. Our goal is to connect schools throughout our state in discussion around implementing PBIS. We have some amazing PBIS implementers in our state! This is your opportunity to ask questions and learn from each other, even if you're just exploring the idea of implementing PBIS. A-State PBIS Resource Center staff will be on hand to guide the discussion and provide FREE Coaching and Technical Assistance.

RSVP below to receive the Zoom link!

When?

Tue, Sep 20, 2022, 02:30 PM

Incorporating Social and Emotional Learning into Your PBIS Framework

According to the Centers for Disease Control (CDC), "Adverse childhood experiences, or ACEs, are potentially traumatic events that occur in childhood (0-17 years)." For example:

- experiencing violence, abuse, or neglect
- witnessing violence in the home or community
- having a family member attempt or die by suicide
- living in a household with substance use problems
- living in a household with mental health problems
- having instability due to parental separation or household members being in jail or prison

"ACEs are linked to chronic health problems, mental illness, and substance use problems in adolescence and adulthood. ACEs can also negatively impact education, job opportunities, and earning potential. However, ACEs can be prevented."

According to the [Child and Adolescent Health Measurement Initiative \(CAHMI\)](#), nearly 50% of students have one ACE, with 20% having two or more. How can we create a nurturing environment where students have the social and emotional support that they need? Here are some steps we can take to incorporate social emotional learning (SEL) into our PBIS components:

- include community employed and school employed staff with mental health expertise on the leadership team, with clearly defined roles
- include students and families in leadership roles
- use school AND community data to assess the needs of young people in the school community (e.g., academics; discipline; attendance; climate/perception; visits to nurse; screening data; community demographics; poverty rate; drug addiction; calls to crisis centers; Census data)
- select *evidence-based practices* that match specific needs
- include pro-social skills in teaching matrices (see example below)
- help families apply this same logic to the home and community settings (e.g., by creating a home matrix - example below)
- involve community organizations (e.g., ask them to adopt expectations in the community)

For more information on integrating SEL and using the PBIS framework and leadership, please explore these resources at pbis.org:

- [The Interconnected Systems Framework \(ISF\) Overview Webinar](#)
- [Integrating Mental Health Within a School-Wide System of PBIS: Systems Practices, Data](#)
- [ISF Action Planning Companion Guide to SWPBIS-TFI](#)

Invite those who are able to join in. Teaching Matrix	INCORPORATE BULLY PREVENTION / INTERVENTION						
	All Settings	Halls	Playgrounds	If you see Disrespect	Library/ Computer Lab	Assembly	Bus
Respectful	Be on task. Give your best effort. Be prepared.	Walk.	Have a plan.	STOP: Interrupt & model respect, rather than watch or join in.	Study, read, compute.	Sit in one spot.	Wait for your stop.
Achieving & Organized	Be kind. Respond to self. Respond to others.	Use normal voice volume. Walk to right.	Share equipment. Include others. Invite those who are alone to join in.	WALK: Invite people who are being disrespectful to join you and move away.	Whisper. Return books.	Listen/watch. Use appropriate response.	Use a quiet watch. Stay in your seat.
Responsible	Recycle. Clean up after self.	Pick up litter. Maintain physical space.	Use equipment properly. Put litter in garbage can.	Stop: Interrupt, say "that's not ok." Walk: Walk away. Don't be an audience. Talk: REPORT to an adult.	Push in chairs. Treat books carefully.	Pick up. Treat chairs carefully.	Wipe your feet.

Matrix with SEL items

Expectation	At SCHOOL it looks like...	At HOME it looks like...	In my NEIGHBORHOOD it looks like...
Be Safe	<ul style="list-style-type: none"> • Keep hands and feet to self • Tell an adult if there is a problem 	<ul style="list-style-type: none"> • Protect your friends and family • Don't talk back 	<ul style="list-style-type: none"> • Stick up for your friends • Don't back down • Look the other way
Be Respectful	<ul style="list-style-type: none"> • Treat others how you want to be treated • Include others • Listen to adults 	<ul style="list-style-type: none"> • Do exactly what adults tell you to do • Don't stand out • Don't bring shame 	<ul style="list-style-type: none"> • Text back within 30 seconds • Be nice to friends' parents • Share food
Be Responsible	<ul style="list-style-type: none"> • Do my own work • Personal best • Clean up messes 	<ul style="list-style-type: none"> • Help your family out first • Own your mistakes • Share credit for successes 	<ul style="list-style-type: none"> • Have each other's backs • Own your mistakes • Check in about what to do

Home matrix example



Community example



Research tells us nearly every aspect of school life improves when you make school the kind of place where everyone wants to be. What does "positive school climate" mean? How do you measure it? What mistakes can we avoid in order to keep the good stuff going?

pbisapps.org

Resources

- [A-State Tier I Resources](#)
- [National Center on PBIS](#)
- [Fast Facts: Preventing Adverse Childhood Experiences](#)



The Center for Community Engagement

CCE is a Technical Assistance and Resource Center for PBIS in Arkansas, located at Arkansas State University.



[Website >](#)