

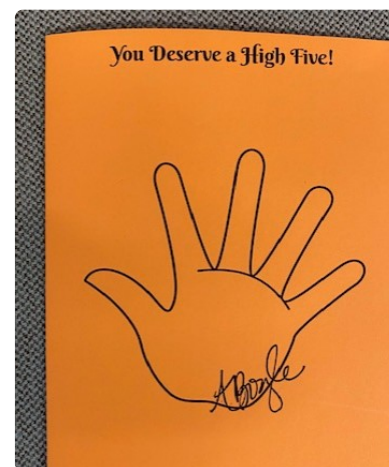
# Arkansas PBIS Resource Center News

November 2022

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*High Five picture compliments of Valley Springs*



## Upcoming Events

Event Information

### November Arkansas PBIS Networking Session

This is your chance to network with other amazing PBIS schools throughout our state. A-State PBIS Resource Center staff will be on hand to guide the discussion and provide FREE Coaching and Technical Assistance. RSVP below to join us on Zoom!

When?

**Tue, Nov 15, 2022, 02:30 PM**

### PBIS | Events for November 2022

Participants will learn how to use PBIS with fidelity in their classrooms, including: How to build classroom practices that will enhance student achievement How to effectively collect classroom

data to increase instructional and engagement opportunities in the classroom How to identify and provide technical assistance...

[cce.astate.edu](http://cce.astate.edu)

## Event Information

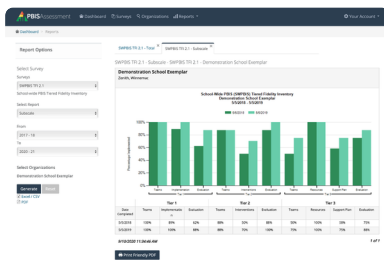
### December Arkansas PBIS Networking Session

This is your chance to network with other amazing PBIS schools throughout our state. A-State PBIS Resource Center staff will be on hand to guide the discussion and provide FREE Coaching and Technical Assistance. RSVP below to join us on Zoom!

When?

**Tue, Dec 13, 2022, 02:30 PM**

## Yearly Evaluation of PBIS



PBIS is a framework, but it is also a process. Initial implementation takes time, but the process never ends. There is always room for improvement or updating as new circumstances arise. That is why it's important to have a current Action Plan and a good evaluation tool to use as a guide. November is a great time of year to evaluate your implementation of PBIS.

The Tiered Fidelity Inventory (TFI) was developed by the national [Center on PBIS](https://www.pbis.org/) to help guide schools as they develop, implement, and continuously improve the 3 tiers of PBIS. This tool is used by teams to assess how well they are implementing items considered critical to producing important student outcomes.

Another evaluation tool developed by the national Center on PBIS is the Self-Assessment Survey. School staff are asked about school-wide, non-classroom, classroom, and individual student behavior management and discipline systems. This survey gives teams the staff perspective of what systems are in place and what priority they are given.

By using both the TFI and the SAS, teams can make better decisions about action planning priorities and create better plans for staff support and professional development. There are other surveys available through [PBISApps](https://www.pbis.org/) that can give additional insight. For example, there are climate surveys for staff, students, and families.

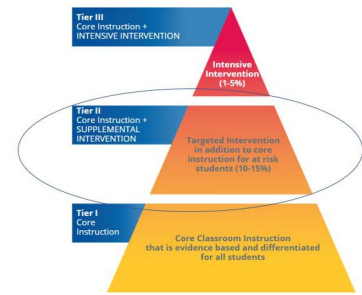
Whether your school is already implementing PBIS or would like to use these surveys to determine a baseline and readiness for implementing PBIS, we can help you get set up to use these FREE assessments. Just contact us at [cce@astate.edu](mailto:cce@astate.edu) or 870-972-2287.

## Getting Ready for PBIS Tier II

Even when Tier I is implemented with fidelity, some students will not respond well to Tier I.

BUT... not all students need individual plans.

SO... you can provide interventions to groups of students, based on similar needs.



Here are some guiding questions to help you determine if you are ready for Tier II:

- Are you implementing PBIS Tier I with fidelity?
- Do approximately 80% of students have only 0 to 1 office discipline referrals?
- Are Tier I discipline and other relevant data recorded and used consistently for decision making?
- Are PBIS practices being implemented in the classroom? Is there a system to record classroom minor behavior incidents?
- Are there staff with expertise in behavioral/academic assessment and interventions that can serve on the Tier II team?

Having support at the district level is important to the overall success of Tier II at the building level. *Ideally*, districts should create structures to ensure consistency in Tier II implementation across the district. District commitment should include:

- Building expertise in district
- Sharing resources throughout district
- Conducting district-wide training and technical assistance
- Creating standard district-wide policy, processes, forms, tools, etc.
- Ensuring sustainability through personnel changes

Here is a checklist to prepare for implementing Tier II:

- Assess fidelity of Tier I implementation (look closely at classroom implementation!).
- Assess commitment at the district and school levels.
- Establish a Tier II team.
- Develop a Tier II readiness action plan.

Refer to the previous article to learn about evaluation and assessment of PBIS implementation. If you are ready to start the Tier II implementation process, [check out our Tier II readiness tools on our website](#). You can contact us by email at [cce@astate.edu](mailto:cce@astate.edu) or by phone at 870-972-2287 if you would like to discuss training or technical assistance in preparing for and implementing Tier II.

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## Self-Care Corner



# New Ways November 2022

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1 Make a list of new things you want to do this month

2 Respond to a difficult situation in a different way

3 Get outside and observe the changes in nature around you

4 Sign up to join a new course, activity or online community

5 Change your normal routine today and notice how you feel

6 Try out a new way of being physically active

7 Be creative. Cook, draw, write, paint, make or inspire

8 Plan a new activity or idea you want to try out this week

9 When you feel you can't do something, add the word "yet"

10 Be curious. Learn about a new topic or an inspiring idea

11 Choose a different route and see what you notice on the way

12 Find out something new about someone you care about

13 Do something playful outdoors - walk, run, explore, relax

14 Find a new way to help or support a cause you care about

15 Build on new ideas by thinking "Yes, and what if..."

16 Look at life through someone else's eyes and see their perspective

17 Try a new way to practice self-care and be kind to yourself

18 Connect with someone from a different generation

19 Broaden your perspective: read a different paper, magazine or site

20 Make a meal using a recipe or ingredient you've not tried before

21 Learn a new skill from a friend or share one of yours with them

22 Find a new way to tell someone you appreciate them

23 Set aside a regular time to pursue an activity you love

24 Share with a friend something helpful you learned recently

25 Use one of your strengths in a new or creative way

26 Try out a different radio station or new TV show

27 Join a friend doing their hobby and find out why they love it

28 Discover your artistic side. Design a friendly greeting card

29 Enjoy new music today. Play, sing, dance or listen

30 Look for new reasons to be hopeful, even in tough times



ACTION FOR HAPPINESS

Happier · Kinder · Together

Check out this fabulous presentation from the 2022 PBIS National Forum:  
Promoting a Culture of Staff Wellness: Moving Beyond Individual Responsibility

[https://assets-global.website-files.com/5d3725188825e071f1670246/6359a1bf6db7508e419a3876\\_5D\\_Flammini\\_Pohlman.pdf](https://assets-global.website-files.com/5d3725188825e071f1670246/6359a1bf6db7508e419a3876_5D_Flammini_Pohlman.pdf)

🔗 [assets-global.website-files.com](https://assets-global.website-files.com)

## Celebrating Native American Heritage Month



### Native American Heritage Month

November is Native American Heritage Month, or as it is commonly referred to, American Indian and Alaska Native Heritage Month. The month is a time to celebrate rich and diverse cultures, traditions, and histories and to acknowledge the important contributions of Native people.

🔗 [ncai.org](https://ncai.org)





### National Native American Heritage Month - For Teachers

This Teacher's Guide from the National Endowment for the Humanities will introduce you to the cultures and explore the histories of some groups within the over 5 million people who identify as American Indian in the United States, with resources designed for integration across humanities curricula and classrooms throughout the school year.

🔗 [nativeamericanheritagemonth.gov](http://nativeamericanheritagemonth.gov)

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## Resources

[A-State PBIS Resource Center Website](#)

[PBIS National Center](#)

[A-State/DESE PBIS Training Modules and Facilitator Guides](#)



### CCE A-State

We are here to educate and support schools in PBIS!



Technical Assistance and Resource Center for PBIS in Arkansas